

Michelle M. Lilly, Ph.D.

CONTACT INFORMATION

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EDUCATION

University of Michigan, Ann Arbor, MI

Doctor of Philosophy (Clinical Psychology), APA accredited, conferred December 2008
Master of Science (Clinical Psychology), conferred August 2005

Brown University, Providence, RI

Bachelor of Arts (Psychology), conferred May 2001
Bachelor of Arts (Women's Studies), conferred May 2001

LICENSURE

Licensed Clinical Psychologist, State of Illinois, License Number: 071.007793

GRANT FUNDING

External funding awarded:

2019-2022, Principal Investigator
Illinois Criminal Justice Information Authority, Award #: G3B67617
“Saving Blue Lives Through Training on PTSD, Suicide, Resilience, and Peer Support”

2014-2018, Co-Investigator
National Institute of Occupational Safety and Health, Award #: 1R01OH010536-01
“Multi-tasking to Hyper-tasking: Investigating the Impact of Next Generation 911”

Internal funding awarded:

2018-2019, Principal Investigator
Northern Illinois University, Great Journeys Assistantship Award
Awarded one year of graduate student assistantship support to enhance research program

2017-2018, Principal Investigator
Northern Illinois University, Summer Research & Artistry Grant
“Mindfulness-based intervention for 9-1-1: Impact on PTSD and fear responding”

2014-2015, Principal Investigator
Northern Illinois University, Great Journeys Assistantship Award
Awarded one year of graduate student assistantship support to enhance research program

2013-2014, Principal Investigator
Northern Illinois University, Summer Research & Artistry Grant
“Health in 9-1-1 telecommunicators: A prospective examination of attrition and job satisfaction”

2011-2012, Principal Investigator
Northern Illinois University, Great Journeys Assistantship Award
Awarded one year of graduate student assistantship support to enhance research program

PUBLISHED ARTICLES (PEER-REVIEWED)

* Signifies a graduate student contributor

** Signifies an undergraduate student contributor

Reffi, A. N., Laman-Maharg, B., Pawirosetiko, J. S., & Lilly, M. M. (2021). Measuring mindfulness in emergency telecommunicators: A preliminary study of a revised observing construct. *Mindfulness*, *12*, 2339-2353. doi: <https://doi.org/10.1007/s12671-021-01708-3>

Valdez, C. E., London, M. J., Gregorich, S. E., & Lilly, M. M. (2021). Development and validation of the trauma-related cognitions scale. *Plos One*, *16*(4), e0250221. doi: [10.1371/journal.pone.0250221](https://doi.org/10.1371/journal.pone.0250221)

Meischke, H., Beaton, R., Lilly, M. M., Tu, A., & Revere, D. (2020). A revised ecological model of occupational stress: Applications to 9-1-1 telecommunicators. *Workplace Health & Safety*, Advanced online publication. doi: [10.1177/2165079920934316](https://doi.org/10.1177/2165079920934316)

Dadouch, Z.*, & Lilly, M. M. (2020). Post-trauma psychopathology in journalists: The influence of institutional betrayal and world assumptions. *Journalism Practice*, Advance online publication. doi: [10.1080/17512786.2020.1755606](https://doi.org/10.1080/17512786.2020.1755606)

Valdez, C. E.*, & Lilly, M. M. (2019). The effects of dissociation on analogue trauma symptoms after trauma processing among women with varying histories of lifespan victimization. *Journal of Interpersonal Violence*, Advance online publication. doi: [10.1177/0886260519829273](https://doi.org/10.1177/0886260519829273)

Note: Dr. Valdez is a former student and this article was based off of her dissertation data.

Lilly, M. M., Calhoun, B., Painter, I., et al. (2019). Destress 9-1-1: Efficacy of an online mindfulness-based intervention in reducing stress among 9-1-1 telecommunicators. *Occupational and Environmental Medicine*, 76, 705-711. doi: 10.1136/oemed-2018-105598

Turner, K. D., Lilly, M. M., Gamez, A. M., & Kressler, K. (2019). Impact of work-related factors on stress and health among 911 calltakers and dispatchers in California. *Annals of Emergency Dispatch & Response*, 7, 5-11.

Kerr, D., Meischke, H., Lilly, M. M., Ornelas, I. J., & Calhoun, R. (2019). Participant engagement in and perspectives on a web-based mindfulness intervention for 9-1-1 telecommunicators: multimethod study. *Journal of Medical Internet Research*, 21. doi: 10.2196/13449

Lim, B. H.*, Hodges, M. A.*, & Lilly, M. M. (2019). The differential effects of insecure attachment on posttraumatic stress: A systematic review of the extant findings and explanatory mechanisms. *Trauma, Violence, & Abuse*, 1. doi: 10.1177/1524838018815136

Note: Dr. Lim is a former student and this article was based off of work completed while at NIU.

Sherrill, A. M.*, Kurby, C. A., Lilly, M. M., & Magliano, J. P. (2018). The effects of state anxiety on analogue peritraumatic encoding and event memory: Introducing the stressful event segmentation paradigm. *Memory*, 27, 124-136. doi: 10.1080/09658211.2018.1492619

Note: Dr. Sherrill is a former student and this article was based off of his dissertation data.

Valdez, C. E.*, & Lilly, M. M. (2018). Modes of processing trauma: Self-compassion buffers affective guilt. *Mindfulness*, 10, 824-832. doi: 10.1007/s12671-018-1035-8

Graham-Bermann, S. A., Howell, K. H., Miller-Graff, L. E., Lilly, M. M., Galano, M. M., & Grogan-Kaylor, A. (2018). The Moms' Empowerment Program addresses traumatic stress in mothers with preschool-age children experiencing intimate partner violence. *Journal of Aggression, Maltreatment, & Trauma*, 28, 1151-1172. doi: 10.1080/10926771.2018.1494652

Meischke, H., Lilly, M. M., Beaton, R., et al. (2018). Protocol: A multi-level intervention program to reduce stress in 9-1-1 telecommunicators. *BMC Public Health*, 18(570). doi: 10.1186/s12889-018-5471-0

- Baseman, J., Revere, D., Painter, I., Stangenes, S., Lilly, M., Beaton, R., et al. (2018). Impact of new technologies on stress, attrition and well-being in emergency call centers: The Next Generation 9-1-1 Study protocol. *BMC Public Health*, 18(597). doi: 10.1186/s12889-018-5510-x
- Valdez, C. E.*, & Lilly, M. M. (2017). Posttraumatic rumination: Content, correlates, and processes. *Journal of Clinical Psychology*, 73, 707-721. doi: 10.1002/jclp.22371
- London, M. J.*, Mercer, M. C.*, & Lilly, M. M. (2017). Considering the impact of early trauma on coping and pathology to predict posttraumatic growth among 9-1-1 telecommunicators. *Journal of Interpersonal Violence*, 2017, 1-23. doi: 10.1177/0886260517716942
- Valdez, C. E.*, Sherrill, A. S.*, & Lilly, M. M. (2016). Present moment contact and nonjudgmental observation: Pilot data on dismantling mindful awareness in trauma-related symptomatology. *Journal of Psychopathology and Behavioral Assessment*, 38, 572-581. doi: 10.1007/s10862-016-9548-8
- Valdez, C. E.*, & Lilly, M. M. (2016). Self-compassion and trauma processing outcomes among victims of violence. *Mindfulness*, 7, 329-339. doi: 10.1007/s12671-015-0442-3
- Allen, C. A.*, Mercer, M. C.*, & Lilly, M. M. (2016). Duty-related posttraumatic stress symptoms in 9-1-1 telecommunicators: The roles of childhood trauma exposure and emotion-focused coping. *Journal of Aggression, Maltreatment & Trauma*, 25, 686-701. doi: 10.1080/10926771.2016.1175534
- Lilly, M. M., London, M. J.*, & Mercer, M. C.* (2016). Predictors of obesity and physical health complaints among 9-1-1 telecommunicators. *Safety and Health at Work*, 7, 55-62. doi: 10.1016/j.shaw.2015.09.003
- Meischke, H., Painter, I., Lilly, M. M., Beaton, R., Revere, D., Calhoun, B., et al. (2015). An exploration of sources, symptoms and buffers of occupational stress in 9-1-1 emergency call centers. *Annals of Emergency Dispatch & Response*, 3, 28-35.
- Lim, B. H.*, Valdez, C. E., & Lilly, M. M. (2015). Making meaning out of interpersonal victimization: The narratives of IPV survivors. *Violence Against Women*, 21, 1065-1086.
- Lilly, M. M., & Allen, C. E.* (2015). Psychological inflexibility and psychopathology in 9-1-1 telecommunicators. *Journal of Traumatic Stress*, 28, 262-266. doi: 10.1002/jts.22004
- Lilly, M. M., & London, M. J.* (2015). Broad clinical phenotype and facets of emotion regulation in interpersonal trauma survivors. *Journal of Clinical Psychology*, 71, 885-897. doi: 10.1002/jclp.22177

- Lilly, M. M., Howell, K. H.*, & Graham-Bermann, S. A. (2015). World assumptions, religiosity, and PTSD in survivors of intimate partner violence (IPV). *Violence Against Women, 21*, 87-104. doi: 10.1177/1077801214564139
- Valdez, C. E.*, & Lilly, M. M. (2015). Posttraumatic growth in survivors of intimate partner violence: An assumptive world process. *Journal of Interpersonal Violence, 30*, 215-231. doi: 10.1177/0886260514533154
- London, M. J.*, Lilly, M. M., & Pittman, L. D. (2015). Attachment as a mediator between community violence and posttraumatic stress symptoms among adolescents with a history of maltreatment. *Child Abuse & Neglect, 42*, 1-9. doi: 10.1016/j.chiabu.2014.11.002
- Howell, K. H., Miller, L., Lilly, M. M., Burlaka, V., Grogan-Kaylor, A., & Graham-Bermann, S. A. (2015). Strengthening positive parenting through intervention: Evaluating the Mother's Empowerment Program for women experiencing intimate partner violence. *Journal of Interpersonal Violence, 30*, 232-252. doi: 10.1177/0886260514533155
- Valdez, C. E.*, Bailey, B. E.*, Santuzzi, A. M., & Lilly, M. M. (2014). Trajectories of depressive symptoms in foster youth transitioning into adulthood: The roles of emotion dysregulation and PTSD. *Child Maltreatment, 19*, 209-218. doi: 10.1177/1077559514551945
- Lilly, M. M., London, M. J.*, & Bridgett, D. (2014). Using SEM to examine emotion regulation and revictimization in predicting PTSD symptoms among childhood abuse survivors. *Psychological Trauma: Theory, Research, Practice, and Policy, 6*, 644-651. doi: 10.1037/a0036460
- Lilly, M. M., & Mercer, M. C.* (2014). The interaction of emotion regulation and world assumptions in predicting female intimate partner violence perpetration. *Partner Abuse, 5*, 439-457. doi: 10.1891/1946-6560.5.4.439
- Kendra Price, R.*, Bell, K., & Lilly, M. M. (2014). The interactive effects of PTSD, emotion regulation, and anger management strategies on female-perpetrated IPV. *Violence and Victims, 29*, 907-926. doi: 10.1891/0886-6708.VV-D-12-00123
- Valdez, C. E.*, & Lilly, M. M. (2013). Biological sex, gender role, and criterion A2: Rethinking the "gender" gap in PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy, 6*, 34-40. doi: 10.1037/a0031466
- Lilly, M. M., & Lim, B. H.* (2013). Shared pathogeneses of posttrauma pathologies: Attachment, emotion regulation, and cognitions. *Journal of Clinical Psychology, 69*, 737-748. doi: 10.1002/jclp.21934

Valdez, C. E.*, Lim, B. H.*, & Lilly, M. M. (2013). "It's going to make the whole tower crooked": Victimization trajectories in IPV. *Journal of Family Violence*, 28, 131-140. doi: 10.1007/s10896-012-9476-7

Howell, K. H.*, Miller, L.*, Lilly, M. M., & Graham-Bermann, S. A. (2013). Fostering social competence in preschool children exposed to intimate partner violence: Evaluating the Preschool Kids' Club intervention. *Journal of Aggression, Maltreatment and Trauma*, 22, 425-445. doi: 10.1080/10926771.2013.775986

Note: K.H. Howell and L. Miller were formerly students who now hold faculty positions.

Valdez, C. E.*, & Lilly, M. M. (2012). Thought control: Is it ability, strategies or both that predicts posttraumatic symptomatology in victims of interpersonal trauma? *Journal of Psychopathology and Behavioral Assessment*, 34, 531-541. doi: 10.1007/s10862-012-9300-y

Lilly, M. M., & Valdez, C. E.* (2012). The unique relationship of emotion regulation and alexithymia in predicting Somatization versus PTSD symptoms. *Journal of Aggression, Maltreatment and Trauma*, 21, 609-625. doi: 10.1080/10926771.2012.686964

Pierce, H. A.**, & Lilly, M. M. (2012). Duty-related trauma exposure in 911 telecommunicators: Considering the risk of Posttraumatic Stress Disorder. *Journal of Traumatic Stress*, 25, 211-215. doi: 10.1002/jts.21687

Lilly, M. M., & Pierce, H. A.** (2012). PTSD and depressive symptoms in 911 telecommunicators: The role of peritraumatic distress and world assumptions in predicting risk. *Psychological Trauma: Theory, Research, Practice, and Policy*, 5, 135-141. doi: 10.1037/a0026850

Valdez, C. E.*, Lilly, M. M., & Sandberg, D. A. (2012). Gender differences in attitudinal acceptance of intimate partner violence perpetration under attachment relevant contexts. *Violence and Victims*, 27, 229-245. doi: 10.1891/0886-6708.27.2.229

Valdez, C. E.*, & Lilly, M. M. (2012). Emotional constriction and risk for Posttraumatic Stress: The role of trauma history and gender. *Journal of Aggression, Maltreatment and Trauma*, 21, 77-94. doi: 10.1080/10926771.2012.631165

Lim, B. H.*, Adams, L. A.**, & Lilly, M. M. (2012). Self-worth as a mediator between attachment and posttraumatic stress in interpersonal trauma. *Journal of Interpersonal Violence*, 27, 2039-2061. doi: 10.1177/0886260511431440

Lilly, M. M., & Valdez, C. E.* (2011). Interpersonal trauma and PTSD: The roles of gender and a lifespan perspective in predicting risk. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4, 140-144. doi: 10.1037/a0022947

- Lilly, M. M., Valdez, C. E.*, & Graham-Bermann, S. A. (2011). The mediating effect of world assumptions on the relationship between trauma exposure and depression. *Journal of Interpersonal Violence*, 26, 2499-2516. doi: 10.1177/0886260510383033
- Lilly, M. M. (2011). The contributions of interpersonal trauma exposure and world assumptions in predicting dissociation among undergraduates. *Journal of Trauma & Dissociation*, 12, 375-392. doi: 10.1080/15299732.2011.573761
- Graham-Bermann, S. A., Howell, K. H.*, Lilly, M. M., & DeVoe, E. (2011). Mediators and moderators of change in adjustment following intervention for children exposed to intimate partner violence (IPV). *Journal of Interpersonal Violence*, 26, 1815-1833. doi: 10.1177/0886260510372931
- Lilly, M. M., & Graham-Bermann, S. A. (2010). Intimate partner violence and PTSD: The moderating role of emotion-focused coping. *Violence and Victims*, 25, 604-616. doi: 10.1891/0886-6708.25.5.60
- Graham-Bermann, S. A., Howell, K. H.*, Miller, L. E.*, Kwek, J.*, & Lilly, M. (2010). Traumatic events and maternal education as predictors of verbal ability for preschool children exposed to intimate partner violence (IPV). *Journal of Family Violence*, 25, 383-392. doi: 10.1007/s10896-009-9299-3
- Howell, K. H.*, Graham-Bermann, S. A., Czyz, E.*, Lilly, M. M. (2010). Assessing resilience in preschool children exposed to intimate partner violence. *Violence and Victims*, 25, 150-164. doi: 10.1891/0886-6708.25.2.150
- Lilly, M. M., Pole, N., Best, S. R., Metzler, T., & Marmar, C. R. (2009). Gender and PTSD: What can we learn from female police officers? *Journal of Anxiety Disorders*, 23, 767-774. doi: 10.1016/j.janxdis.2009.02.015
- Lilly, M. M., & Graham-Bermann, S. A. (2009). Ethnicity and risk for symptoms of posttraumatic stress following intimate partner violence: Prevalence and predictors in European American and African American women. *Journal of Interpersonal Violence*, 24, 3-19. doi: 10.1177/0886260508314335
- Penetar, D. M., Kouri, E. M., McCarthy, E. M., Lilly, M. M., Peters, E. N., Juliano, T. M., & Lukas, S. E. (2009). Nicotine pretreatment increases dysphoric effects of alcohol in luteal-phase female volunteers. *International Journal of Environmental Research and Public Health*, 6, 526-546.
- Lilly (Gross), M. M., & Graham-Bermann, S. A. (2006). Gender, categories, and science-as-usual: A critical reading of Gender and PTSD. *Violence Against Women*, 12, 393-406. doi: 10.1177/1077801206287306

Elliott, G. C., Cunningham, S. M., Linder, M., Colangelo, M., & Lilly (Gross), M. M. (2005). Child physical abuse and self-perceived social isolation among adolescents. *Journal of Interpersonal Violence*, 20, 1663-1684.doi: 10.1177/0886260505281439

Penetar, D. M., Kouri, E. M., Lilly (Gross), M. M., McCarthy, E., Rhee, C. K., Peters, E. N., et al. (2005). Transdermal nicotine alters some of marihuana's effects in male and female volunteers. *Drug & Alcohol Dependence*, 79, 211-223. doi: 10.1177/0886260505281439

BOOK CHAPTERS

Lilly, M. M., Dadouch, Z., & Robinson, D. (2019). The first, first responder: The neglected needs and unique challenges of work as a 9-1-1 telecommunicator. In C. A. Bowers, D. C. Beidel, & M. R. Marks (Eds.), *Mental health intervention and treatment of first responders and emergency workers*. IGI Global.

Lilly, M. M. (2018). Foreword. In J. Marshall & T. Laorenza (Eds.), *The resilient 9-1-1 professional: A complete guide to surviving and thriving together in the 9-1-1 center* (pp. xxi-xxv). South of Heaven Press: Michigan.

Lilly, M. M., & Marshall, J. (2018). Facing the impacts of 9-1-1 stress: The reality of PTSD and depression in the communication center. In J. Marshall & T. Laorenza (Eds.), *The resilient 9-1-1 professional: A complete guide to surviving and thriving together in the 9-1-1 center* (pp. 40-52). South of Heaven Press: Michigan.

Lilly, M. M., Ivey-Stephenson, A., Valdez, C. E., London, M. J., & Graham-Bermann, S. (2018). Working with African-American families in the Moms' Empowerment Program (MEP). In S. Graham-Bermann (Ed.), *Cultural issues in intervention with women and children exposed to intimate partner violence*. Nova Science Publication Inc: New York.

PUBLISHED ARTICLES (NON-PEER REVIEWED)

Lilly, M. M. (2019). Destress 9-1-1: An Online Mindfulness-Based Intervention for Stress that Works! *The Call Magazine: National Emergency Number Association*.

Lilly, M. M. (2015). Recent evidence for stress-related health problems in 9-1-1 telecommunicators. *The Call Magazine: National Emergency Number Association*.

Lilly, M. M. (2013). Research with 9-1-1 telecommunicators: What recent studies have shown about health and its predictors. *The Call Magazine: National Emergency Number Association*.

RECENT CONFERENCE PRESENTATIONS

* Signifies a graduate student contributor

** Signifies an undergraduate student contributor

Darnell, B.*, Ellis, R.*, & Lilly, M. M. (2021). Serial mediational effects of metamemory-related processes on the relationship between psychological inflexibility and prospective PTSS across three timepoints. [Poster presentation]. International Society for Traumatic Stress Studies (ISTSS), Virtual conference.

Dadouch, Z.*, Mielock, A.*, & Lilly, M. M. (2020). Writing and Well-being: Comparing Varied Expressive Writing Tasks on Posttraumatic Stress Symptoms and Life Satisfaction. Association for Behavioral and Cognitive Therapies [poster presentation]. Virtual conference.

Leonard, K. A.*, Ung, S. D.*, Hill, S.*, & Lilly, M. M. (2020). Impact of Social Support on Reducing Work Impairment in Active Duty 9-1-1 Telecommunicators with symptoms of PTSD [Poster presentation]. International Society for Traumatic Stress Studies (ISTSS), Virtual conference.

Pawirosetiko, J. S.*, Reffi, A. N.*, Laman-Maharg, B.*, & Lilly, M. (2020). An exploratory factor analysis of the Five Facet Mindfulness Questionnaire in a sample of 9-1-1 telecommunicators: Examining new directions for measuring mindfulness [Poster presentation]. Association for Psychological Science (APS) Poster Showcase, Chicago, IL, United States.

Darnell, B.*, Robinson, D.*, & Lilly, M. M. (2019). Associations between alexithymia and partner violence: The moderating effect of anger management strategies. Poster presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Laman-Maharg, B.*, Reffi, A.*, & Lilly, M. M. (2019). Determining the factor structure of the Five-Facet Mindfulness Questionnaire (FFMQ) with and without a modified observing facet in a sample of 9-1-1 telecommunicators. Poster presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Laman-Maharg, B.*, Robinson, D.*, & Lilly, M. M. (2019). Associations between partner violence and PTSD symptoms: The moderating effect of resource loss. Poster presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Dadouch, Z.*, Mielock, A.*, & Lilly, M. M. (2019). Post-trauma psychopathology in journalists: The influence of institutional betrayal and world assumptions. Poster

presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Robinson, D.*, Laman-Maharg, B.*, & Lilly, M. M. (2019). Associations between partner violence, conservation of resources, and mental health: The moderating effect of ethnicity. Poster presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Mielock, A.*, Ellis, R.*, & Lilly, M. M. (2019). A model of perpetration and victimization: The influence of trauma history, world view, and psychopathology. Poster presented at the annual International Society for Traumatic Stress Studies conference, Boston, MA, November 2019.

Lilly, M. M., & Eldridge, T. (2019). PTSD? Who me? Invited address at National Emergency Number Association (NENA), Orlando, FL.

Dadouch, Z.*, Robinson, D. A.*, Mielock, A. S.*, & Lilly, M. M. (2018). Co-rumination, war coverage, and symptoms of psychopathology in trauma-exposed journalists. Poster presented at the annual Association for Psychological Science conference, San Francisco, CA, May 2018.

Mielock, A. S.*, Dadouch, Z.*, Robinson, D. A.*, & Lilly, M. M. (2018). The relationship between hopelessness and PTSD. Poster presented at the annual Association for Psychological Science conference, San Francisco, CA, May 2018.

Robinson, D. A.*, Mielock, A. S.*, Dadouch, Z.*, & Lilly, M. M. (2018). Examining the relationship between attachment insecurity, world beliefs, and psychopathology. Poster presented at the annual Association for Psychological Science conference, San Francisco, CA, May 2018.

Robinson, D. A.*, Mielock, A.*, Hodges, M.*, & Lilly, M. M. (2018). Associations between partner violence perpetration, alcohol misuse, and mental health: The moderating effect of ethnicity. Poster presented at the annual International Society for Traumatic Stress Studies (ISTSS) conference, Washington, DC, November 2018.

Mielock, A. S.*, Dadouch, Z.*, Robinson, D. A.*, & Lilly, M. M. (2018). World view type as a mediator in the relationship between rape myth acceptance and PTSD. Poster presented at the annual International Society for Traumatic Stress Studies (ISTSS) conference, Washington, DC, November 2018.

Hodges, M. A.*, Allen, C.*, Robinson, D.*, & Lilly, M. M. (2018). The intergenerational transmission of violence: The indirect effects of emotion regulation and insecure attachment in experiences of psychological dating aggression. Poster presented at the annual International Society for Traumatic Stress Studies (ISTSS) conference, Washington, DC, November 2018.

- Dadouch, Z.*, Mielock, A. S.*, & Lilly, M. M. (2018). The role of hopelessness on world views and post-trauma psychopathology. Poster presented at the annual International Society for Traumatic Stress Studies (ISTSS) conference, Washington, DC, November 2018.
- Allen, C. E.*, & Lilly, M. M. (2018). The impact of social support during a social interaction on post-trauma cognitions and outcomes utilizing a trauma analogue design. Poster presented at the annual International Society for Traumatic Stress Studies (ISTSS) conference, Washington, DC, November 2018.
- Eldridge, T., & Lilly, M. M. (2018). PTSD in the 9-1-1 Community. Invited talk at the annual National Emergency Number Association conference, Nashville, TN, June 2018.
- Robinson, D. A.*, Mielock, A. S.*, Dadouch, Z.*, & Lilly, M. M. (2018). Examining the relationship between attachment insecurity, world beliefs, and negative mental health outcomes. Poster presented at the annual Association of Psychological Science conference, San Francisco, CA, May 2018.
- Mielock, A. S.*, Dadouch, Z.*, Robinson, D. A.*, & Lilly, M. M. (2018). The relationship between hopelessness and posttraumatic stress disorder. Poster presented at the annual Association of Psychological Science conference, San Francisco, CA, May 2018.
- Dadouch, Z.*, Robinson, D. A.*, Mielock, A. S.*, & Lilly, M. M. (2018). Co-rumination, war coverage, and symptoms of psychopathology in trauma-exposed journalists. Poster presented at the annual Association of Psychological Science conference, San Francisco, CA, May 2018.
- Allen, C. E.*, Mercer, M. C.*, Dadouch, Z., & Lilly, M. M. (2017). Cyber sexual violence experiences and the psychological impact among undergraduate women. Poster presented at the annual International Society for Traumatic Stress Studies conference, Chicago, IL, November 2017.
- Dadouch, Z.*, Hodges, M.*, & Lilly, M. M. (2017). Moral injury, empathy, and symptoms of substance abuse and PTSD among journalists covering the Syrian War. Poster presented at the annual International Society for Traumatic Stress Studies conference, Chicago, IL, November 2017.
- Hodges, M. A.*, Dadouch, Z.*, & Lilly, M. M. (2017). Psychological intimate partner violence (IPV) perpetration following interparental IPV exposure: Roles of rejection sensitivity, parental warmth, and emotion regulation. Poster presented at the annual International Society for Traumatic Stress Studies conference, Chicago, IL, November 2017.

Mercer, M. C.*, Allen, C. E.*, & Lilly, M. M. (2017). Cognitive ecological model of risk recognition of sexual assault: An examination of social impact and cognitive appraisals. Poster presented at the annual International Society for Traumatic Stress Studies conference, Chicago, IL, November 2017.

CLINICAL EXPERIENCE

Advanced clinical trainings attended:

Brief Interventions for Radical Change: Mastering the Basics of Focused Acceptance and Commitment Therapy, April 2018
Provided by: ACBS Chicago
Instructor: Kirk Strosahl, Ph.D.

Acceptance and Commitment Therapy – II (Advanced ACT training), Oct 2015
Provided by: Praxis CET
Instructor: Steven Hayes, Ph.D.

Prolonged Exposure for Posttraumatic Stress Disorder, May 2014
Provided by: Center for Deployment Psychology
Instructor: David Riggs, Ph.D.

Current clinical practice:

Lilly Counseling and Consultation, LLC, Owner
2018-present

- Provide evidence-based treatment for emergency responders using a telehealth approach, with an emphasis on trauma-related pathology

Current clinical supervision:

Co-Director and Clinical Supervisor
Trauma Services Clinic (TSC) at Northern Illinois University
2015-present

- Supervise advanced practicum students in the implementation of evidence-based treatments for PTSD, including Prolonged Exposure (PE), Cognitive Processing Therapy (CPT), and Skills Training in Affect and Interpersonal Regulation (STAIR)

Clinical Supervisor
Psychological Services Center (PSC) at Northern Illinois University
2010-present

- Supervise a team of 5-6 practicum students on assessment and intervention cases with primary diagnoses of: PTSD, adjustment disorder, major

depression, bipolar disorder, panic disorder, social phobia, OCD, and personality disorders

- Supervise neurocognitive assessments for learning disorders and ADHD

Previous clinical training:

Clinical Psychology Post-Doctoral Fellow
University of Michigan Psychological Clinic
2008-2009

Clinical Psychology Intern
University of Michigan Consortium Internship (APA Accredited)
University Center for the Child and Family (UCCF)
Sep 2007-Aug 2008

Clinical Psychology Intern
University of Michigan Consortium Internship (APA Accredited)
University of Michigan Psychological Clinic
Sep 2005-Aug 2006

TEACHING EXPERIENCE

Graduate courses taught:

Studies in Clinical Psychology – Foundations in Traumatology (Psychology 672, 632)

- Graduate level elective course focusing on various aspects related to traumatology, including theories of PTSD, PTSD prevalence, methodological issues related to studying trauma, and PTSD therapy outcome

Studies in General Psychology – Research Methods (Psychology 671D)

- Graduate level Research Methods course to first year doctoral students in Clinical Psychology with goal of developing students' Master's Thesis proposal
- Course designed to enhance knowledge of, and critical thinking in relationship to, research methodology

Psychopathology (Psychology 641)

- Graduate level course in Psychopathology to first year doctoral students in clinical program

Undergraduate courses taught:

Honor's Research Methods (305H)

- Conducted small section of advanced research methods for undergraduates completing an Honor's Thesis in the department of psychology, with focus on

critical understanding of research methods in psychology and development of Honor's thesis proposals or defense documents

Introduction to Psychopathology (Psychology 316)

- Undergraduate course focused on critical absorption of information related to the etiology, maintenance, and recovery from psychopathology
Enrollment: 55 students

Clinical Psychology Laboratory (Psychology 413)

- Developed undergraduate course focusing on enhancement of research skills and critical thinking related to clinical research; Course lectures covers methodology as it specifically relates to clinical issues in psychology, and supervision of teaching assistant tasked with running lab sections