**CHRISTINE E. VALDEZ**

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University of California, San Francisco Trauma Recovery Center

2727 Mariposa Street, Suite 100

San Francisco, CA 94110

Christine.Valdez@ucsf.edu

**EDUCATION**

2014-Present **University of California, San Francisco (UCSF)**

Clinical Psychology Training Program: APA-Accredited Pre-doctoral Internship in Clinical Psychology, Adult Traumatic Stress Track in the Public Service and Minority Cluster based at San Francisco General Hospital

2009-Present **Northern Illinois University (NIU)**

Ph.D., Clinical Psychology, APA-Accredited, Anticipated 2015

Dissertation: *Ruminative Resolution of Trauma Cognitions: Modes of Processing in an Analogue Study*

M. A., Clinical Psychology, APA-Accredited, 2012

Thesis: *Gender Role, Thought Control, and Posttraumatic Stress in Victims of Interpersonal Trauma*

2004-2008 **California State University-East Bay (CSUEB)**

B.A., Psychology; Minors: Human Development, Statistics; Magna Cum Laude

**HONORS AND AWARDS**

2014-2015 CSU Chancellor’s Doctoral Incentive Program Scholar Development Mini-Grant

2014 Outstanding APA Convention Poster Award, APA Div. 56 (Trauma Psychology)

* 1. CSU Chancellor’s Doctoral Incentive Program (Mentor: Mindy Mechanic, Ph.D.)

2013-2015 Carter G. Woodson Scholars Program Fellowship, NIU

2013-2014 Mothers Memorial Scholarship, Women’s Studies Program, NIU

2013-2014 Ryanne Mace Memorial Scholarship, Psychology Department, NIU

2012 Honorable Mention, Hyde Graduate Student Research Grant, APA Div. 35 (Psychology of Women)

2011-2012 Outstanding Graduate Student Award, Psychology Department, NIU

2011-2012 Research Fellowship, Center for the Study of Family Violence and Sexual Assault, NIU

2009-2011 Joan Sieber-Tombari and Ric Tombari Graduate Scholarship, College of Science, CSUEB

2008-2009 Ronald E. McNair Scholar, CSUEB

2007-2008 Outstanding Student of the Year, Psychology Department, CSUEB

2007-2008 Honors Program, CSUEB

2007 Psi Chi: The National Honor Society in Psychology

**PUBLICATIONS**

**Valdez, C. E.**, Remington-Bailey, B. E., Santuzzi, A. M., & Lilly, M. M. (in press). Trajectories of depressive symptoms in foster youth transitioning into adulthood: The roles of emotion dysregulation and PTSD. *Child Maltreatment.*

Lim, B., **Valdez, C. E.**, & Lilly, M. M. (in press). Making meaning out of interpersonal victimization: The narratives of IPV survivors. *Violence Against Women.*

**Valdez, C. E.**, & Lilly, M. M. (in press). Posttraumatic growth in survivors of intimate partner violence: An assumptive world process. *Journal of Interpersonal Violence.*

**Valdez, C. E.**, & Lilly, M. M. (2014). Biological sex, gender role, and Criterion A2: Rethinking the “gender” gap in PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy, 6,* 34-40.

**Valdez, C. E.**, Lim, B., & Lilly, M. M. (2013). “It’s going to make the whole tower crooked”: Trajectories of victimization in IPV. *Journal of Family Violence*, *28*, 131-140.

**Valdez, C. E.**, & Lilly, M. M. (2012). Thought control: Is it ability, strategies, or both that predicts posttraumatic symptomatology in victims of interpersonal trauma? *Journal of Psychopathology and Behavioral Assessment, 34*, 531-541.

Lilly, M. M., & **Valdez, C. E.** (2012). Interpersonal trauma and PTSD: The roles of gender and a lifespan perspective in predicting risk. *Psychological Trauma: Theory, Research, Practice, and Policy*, *4*, 140-144.

Lilly, M. M., & **Valdez, C. E.** (2012). The unique relationship of emotion regulation and alexithymia in predicting somatization versus PTSD symptoms. *Journal of Aggression, Maltreatment and Trauma*, *21*, 609-625.

**Valdez, C. E**., & Lilly, M. M. (2012). Emotional constriction and risk for posttraumatic stress: The roles of trauma history and gender. *Journal of Aggression, Maltreatment and Trauma, 21*, 77-94.

**Valdez, C**. **E**., Lilly, M. M., & Sandberg, D. A. (2012). Gender differences in attitudinal acceptance of intimate partner violence perpetration under attachment relevant contexts. *Violence and Victims, 27*, 229-245.

Lilly, M. M., **Valdez, C. E.**, & Graham-Bermann, S. A. (2011). The mediating effect of world assumptions on the relationship between trauma exposure and depression. *Journal of Interpersonal Violence*, *26*, 2499-2516.

**BOOK CHAPTER**

Lilly, M. M., Ivey-Stephenson, Graham-Bermann, S. A., London, M. J., & **Valdez, C. E.** (under review). Working with African American Families in the Mom’s Empowerment Program (MEP). In S.A. Graham-Bermann (Ed.), *Culture and intervention for families exposed to Intimate Partner Violence.*

**MANUSCRIPTS IN** **REVIEW**

Sandberg, D. A., **Valdez, C. E.**, Heaton, J. E., & Menghrajani, E. *Attachment as a risk factor for experiencing intimate partner violence: A 6-month prospective study among college women*.

**Valdez, C. E.**, Lim, B., & Parker, C. *Growing from adversity and psychological adjustment over time in abused foster youth*.

**MANUSCRIPTS IN** **PREPARATION**

Lilly, M. M., **Valdez, C. E.**, & Lim, B. *Broad clinical phenotypes in interpersonal trauma survivors: The role of multivariate predictors and implications for treatment.*

**Valdez, C. E.**, & Lilly, M.M. *Self-compassion and trauma processing outcomes among victims of violence.*

**Valdez, C. E.**, Sherrill, A. M., & Lilly, M. M. *The utility of coupling contact with the present moment with nonjudgmental observation: Dismantling mindful awareness in the context of trauma-related intrusions and negative affectivity*.

**PRESENTATIONS**

London, M. J., & **Valdez, C. E.**, & Lilly, M. M. (2014, November). *The posttraumatic information processing scales (PIPS): Initial development and validation .* Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 30th Annual Meeting, Miami, FL.

**Valdez, C. E.**, & Lilly, M. M. (2014, November). *Self-compassion and ruminative processing outcomes among victims of violence.* Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 30th Annual Meeting, Miami, FL.

**Valdez, C. E.**, & Lilly, M. M. (2014, November). *Post-trauma ruminative processing and implications for third-wave CBT approaches for PTSD*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 30th Annual Meeting, Miami, FL.

Sherrill, A. M., **Valdez, C. E.**, & Lilly, M. M. (2014, September). *Dismantling mindful awareness in the context of trauma-related symptomatology*. Poster presented at the 17th International Conference on Violence, Abuse, and Trauma (IVAT), San Diego, CA.

**Valdez, C. E.**, & Lilly, M. M. (2014, August). *Duty-related peritraumatic distress, experiential avoidance, and obesity in 9-1-1 telecommunicators*. Poster presented at the American Psychological Association (APA) 122nd Annual Convention, Washington, D.C,

Sherrill, A. M., **Valdez, C. E.**, & Lilly, M. M. (2014, June). *A mindful path to decrease trauma intrusions: Utility and implications of present moment awareness*. In V. Follette (chair) *Mindfulness in ACT: Theoretical and practical implications*. Symposium presented at the Association for Contextual and Behavioral Science (ACBS) 12th Annual Convention, Minneapolis, MN.

London, M. J., **Valdez, C. E.**, & Lilly, M. M. (2013, November). *Modeling a Unified Conceptual Framework for Resilience in Trauma Exposed Women.* Poster presented at the Welcome Reception at the International Society for Traumatic Stress Studies (ISTSS) 29th Annual Meeting, Philadelphia, PA.

**Valdez, C. E.**, Lim, B., London, M. J., & Parker, C. (2013, November). *Growing from adversity and psychological adjustment over time in abused foster youth*. Poster presented at the Welcome Reception at the International Society for Traumatic Stress Studies (ISTSS) 29th Annual Meeting, Philadelphia, PA.

**Valdez, C. E.,** Remington-Bailey, B., and Lilly, M. M. (2013, November). *Trajectories of depression and phases of change in foster youth: The roles of affect dysregulation and PTSD*. Poster presented at the Trauma and PTSD Special Interest Group Poster Exposition at the 47th Annual Association for Behavioral and Cognitive Therapies (ABCT) Convention, Nashville, TN.

**Valdez, C. E.** (2013, May). *Intimate partner violence survivors: Trauma narratives, cognitive schemas, and posttraumatic growth*. Papers presented to the Trauma Services Program, Edward Hines, Jr. VA Hospital, Hines, IL.

**Valdez, C. E.** (2013, March). *From schema reconstruction, to posttraumatic growth, to psychological adjustment over time in trauma survivors: Perspectives from longitudinal research*. Papers presented at the Brownbag Series of the Center for the Study of Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL.

Lim, B., **Valdez, C. E.**, & Lilly, M. M. (2012, July). Trauma and cognitions: How do survivors of intimate partner violence make sense of their abuse? In M. M. Lilly (chair) *Cognitive processes in survivors of IPV: Making meaning to IPV perpetration using quantitative and qualitative methodology*. Symposium presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

London, M. J., **Valdez, C. E.**, & Lilly, M. M. (2012, July). Schematic response patterns in IPV survivors and posttraumatic distress. In M. M. Lilly (chair) *Cognitive processes in survivors of IPV: Making meaning to IPV perpetration using quantitative and qualitative methodology*. Symposium presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

**Valdez, C. E.**, Lim, B., & Lilly, M. M. (2012, July). “You build the bottom block as crooked, it’s going to make the whole tower crooked”: Trajectories of victimization in the lives of IPV survivors. In M. M. Lilly (chair) *Cognitive processes in survivors of IPV: Making meaning to IPV perpetration using quantitative and qualitative methodology*. Symposium presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

Lim, B., **Valdez, C. E.,** & Lilly, M. M. (2011, November). *Shared pathogeneses of post-trauma pathology: Attachment, emotion regulation, and cognitions*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 27th Annual Meeting, Baltimore, MD.

**Valdez, C. E.**, Lim, B., & Lilly, M. M. (2011, November). *Gender role, thought control strategies, and posttraumatic stress in victims of interpersonal trauma*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 27th Annual Meeting, Baltimore, MD.

Keun, J., **Valdez, C. E.**, & Lilly, M. M. (2011, May). *Depression as a mediator of the relationship between violent victimization and physical aggression*. Poster presented at the Midwestern Psychological Association (MPA) Annual Meeting, Chicago, IL.

Lilly, M. M., **Valdez, C. E.**, Lim, B., & Pierce, H. (2011, March). *Emotion regulation and alexithymia as predictors of somatization and PTSD symptoms*. Poster presented at the Anxiety Disorders Association of America (ADAA) 31st Annual Conference, New Orleans, LA.

Knoll, R., **Valdez, C. E.**, Valentiner, R., Mounts, N., Durik, A., & Schumow, L. (2010, November). *Social anxiety, social functioning, psychological adjustment, and academic performance during the first year of college*. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies (ABCT) Convention, San Francisco, CA.

**Valdez, C. E**., Knoll, R., & Lilly, M. M (2010, November). *Emotional constriction and risk for posttraumatic stress: The roles of trauma history and gender.* Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies (ABCT) Convention, San Francisco, CA.

Lilly, M. M., & **Valdez, C. E**. (2010, July). *Interpersonal trauma and PTSD: The roles of gender and a lifespan perspective in predicting risk*. Paper presentation at the Annual International Family Violence Research Conference, Portsmouth, NH.

**Valdez, C. E.**, & Lilly, M. M. (2010, April). *The mediating effect of world assumptions on the relationship between trauma exposure and depression*. Paper presentation at the Midwestern Psychological Association (MPA) Annual Meeting, Chicago, IL.

**Valdez, C. E.**, & Lilly, M. M. (2010, March). *Trauma, attachment, and depressive symptomatology among men and women*. Poster presented at the Annual Graduate Student Research Association Conference on Human Development, Education, and Learning, Northern Illinois University, DeKalb, IL.

Rosen, C., Greenbaum, M., Laffaye, C., Fitt, J., Norris, V., & **Valdez, C. E.**, (2009, November). *Correlates of mental health care use among VA patients diagnosed with PTSD*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 25th Annual Meeting, Atlanta, GA.

**Valdez, C**. **E**., & Sandberg, D. A. (2009, September). *An attachment perspective on* *gender differences in degree of physical assaults on partners*. Poster presented at the 14th International Conference on Violence, Abuse, and Trauma (IVAT), San Diego, CA.

**Valdez, C**. **E**., & Sandberg, D. A. (2009, May). *Gender differences in intimate partner violence perpetration under attachment relevant contexts*. Poster presented at the 1st Annual California State University, East Bay Ronald E. McNair Scholars Spring Research Symposium, Hayward, CA.

Reevy, G. M., & **Valdez, C**. **E**. (2009, May). *Storytelling in the college psychology classroom*. Poster presented at the 16th Annual Association for Psychological Science (APS)-Society for Teaching of Psychology Teaching Institute, San Francisco, CA.

**Valdez, C**. **E.**, Heaton, J., & Menghrajani, E. (2008, May). *Adult attachment and**intimate partner violence: A 6-month prospective study*. Paper presented at the 22nd Annual California State University Student Research Competition, California State University, East Bay, Hayward, CA.

Heaton, J., **Valdez, C**. **E.**, & Menghrajani, E. (2008, May). *Traumatic* *life events, adult attachment, and pathological dissociation among college men and women*. Poster presented at the 8th Annual Stanford Undergraduate Psychology Conference, Stanford University, Palo Alto, CA.

**CLINICAL EXPERIENCE**

2014-2015 **Intern/Clinical Psychology Fellow**

*San Francisco General Hospital (SFGH) and Trauma Recovery Center (TRC), San Francisco, CA*

Rotations: Inpatient and Forensic Units (SFGH), Psychiatric Emergency Services (SFGH), Outpatient Adult Trauma (TRC), Research (TRC)

Supervisors: Laurie Fields, Ph.D.; Martha Shumway, Ph.D.; Sharon Smart, M.D., Ph.D.; Eddie Ong, Ph.D.; Chad Peterson, M.D.

Fall 2013 **Clinical Peer Supervisor**

*Psychological Services Center, NIU, DeKalb, IL*

Supervisor: Amy Jakobsen, Ph.D.

07/12-05/13 **Extern/Clinical Trainee**

*Trauma Services Program, Edward Hines, Jr. VA Hospital, VA Great Lakes Healthcare System, Hines, IL*

Supervisor: Kurtis Noblett, Ph.D.

Summer 2012 **Extern/Clinical Trainee**

*OCD and Anxiety Disorders Program, Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL*

Supervisors: Patrick McGrath, Ph.D. and David Valentiner, Ph.D

05/10-08/12 **Clinical Practicum Student**

*Psychological Services Center, NIU, DeKalb, IL*

Supervisors: David Bridgett, Ph.D.; Amy Jakobsen, Ph.D.; M. Christine Lovejoy, Ph.D.; Robin Watkins, Ph.D.; Karen White, Ph.D.

**SPECIALIZED CLINICAL TRAINING**

May 2013 **Prolonged Exposure, University Counseling Center Core Competency Extended Training**

*Center for Deployment Psychology and Ohio State Universit*y; Presented by Ted Bonar, Psy.D.

April 2013 **Dialectical Behavior Therapy, Clinical Workshop Series**

*Psychology Department, NIU*; Presented by Erin Ward-Ciesielski, M.A.

July 2012 **Cognitive Processing Therapy, VISN 12 Regional Training Program**

*Edward Hines, Jr. VA Hospita*l; CPT Consultant: J. Ric Monroe, Ph.D.

April 2012 **Acceptance and Commitment Therapy, Clinical Workshop Series**

*Psychology Department, NIU*; Presented by Patricia Bach, Ph.D.

May 2011**Service Members on Campus, University Counseling Center Core Competency Program**

*Center for Deployment Psychology and NIU and Roosevelt University*; Presented by Ted Bonar, Psy.D.

**TEACHING EXPERIENCE**

Fall 2014 **Guest Lecturer**

*Department of Psychology, University of San Francisco, San Francisco, CA*

PSYC 321: Clinical Psychology

Instructor: Sabrina Darrow, Ph.D.

Duties: Lectured to one class on prevalence and characteristics of trauma, phenomenology of PTSD, and empirically supported treatments for PTSD.

Fall 2013 **Adjunct Instructor**

*Department of Arts/Communications/Social Sciences, Kishwaukee College, Malta, IL*

PSYC 102: Introduction to Psychology

Duties: Lectured to one class section. Administered exams, graded papers and quizzes, wrote

lectures, maintained student records, and wrote exams and quizzes.

Spring 2013 **Guest Lecturer**

Spring 2011 *Department of Psychology, NIU, DeKalb, IL*

PSYC 316: Introduction to Psychopathology

Instructor: Michelle Lilly, Ph.D.

Duties: Lectured on prevalence and characteristics of trauma, phenomenology of PTSD, personality disorders, and psychotherapy for personality disorders.

2012-2013 **Instructor/Graduate Teaching Assistant**

*Department of Psychology, NIU, DeKalb, IL*

PSYC 413: Clinical Research Lab

Instructor for Clinical Research Lecture: Lisa Paul, Ph.D.

Duties: Taught the lab portion of the course for four sections over two semesters. Instructed students on how to collect data, conduct statistical analyses, and compose research results for presentation and publication in APA format.

Fall 2010 **Instructor/Graduate Teaching Assistant**

*Department of Psychology, NIU, DeKalb, IL*

PSYC 102: Introduction to Psychology

Duties: Lectured to two class sections. Administered exams, graded papers and quizzes, wrote lectures, held office hours, maintained student records, and wrote quizzes.

2007-2008 **Tutor**

*Project Impact, CSUEB, Hayward, CA*

Undergraduate psychology and statistics courses

Duties: Reviewed and taught subject material to students with disabilities, helped students complete course assignments, and taught effective study strategies.

Summer 2007 **Teaching Assistant/Tutor**

*Department of Statistics and Biostatistics, CSUEB, Hayward, CA*

STAT 3010: Statistical Methods in the Social Sciences

Instructor: Ward Rodriguez, Ph.D.

Duties: Reviewed SPSS data entry and statistical analyses with students, assisted with interpreting SPSS output, reviewed course material, and helped students complete course assignments.

**EDITORIAL POSITIONS**

01/14-Present **Advisory Editor for Book Reviews**

*Trauma Psychology News,* APA Division 56: Trauma Psychology

Spring 2007 **Editor Intern**

*Anxiety Disorders Alliance Quarterly Newsletter,* Mental Health Association NSW, Inc., Sydney, NSW, Australia

**PROFESSIONAL SERVICES AND ACTIVITIES**

2014-Present Ad-Hoc Reviewer for *Journal of Traumatic Stress Disorders & Treatment*

2014-2016 Student Representative for the APA Division 56 (Trauma Psychology) Student Committee

09/13 Panelist, *Being a Minority in Graduate School*, Diversifying Psychology Open House, NIU

11/12 Group Facilitator, *Resilience & Suicide Prevention*, IL Army National Guard, N. Riverside Armory, IL

09/12 Panelist, *Being a Minority in Graduate School*, Diversifying Psychology Open House, NIU

2011-2012 Cohort Representative for the Clinical Psychology Doctoral Program at NIU

09/10 Panelist, *Interviewing for Graduate School*, Diversifying Psychology Open House, NIU

05/09 Panelist, *Getting into Graduate School*, McNair Scholar Program, CSUEB

2008 Reviewer for RiSE-UP Research Award, Association for Psychological Science Student Caucus

2008 Reviewer for Student Research Award, Association for Psychological Science Student Caucus

2007-2008 Secretary, Psi Chi, CSUEB

2007-2008 CSUEB Campus Representative for the APS Student Caucus

**PROFESSIONAL AFFILIATIONS**

American Psychological Association (student affiliate)

Division 56: Trauma Psychology

Association for Behavioral and Cognitive Therapies (student member)

International Society for Traumatic Stress Studies (student member)