

Jennifer Valentine, M.A.

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Education

Aug 2021 – Present

Northern Illinois University – DeKalb, IL
Doctor of Philosophy in Clinical Psychology – Trauma Focus
Cumulative GPA: 3.98
Expected: May 2027

May 2018 – May 2019

Stony Brook University – Stony Brook, NY
Master of Arts in Psychology – Accelerated Program
GPA: 3.89

Sept 2016 – May 2018

Long Island University – Brookville, NY
Bachelor of Science in Psychology
Magna Cum Laude – GPA: 3.85

Sept 2015 – May 2016

Nassau Community College – Garden City, NY
Associate in Arts
GPA: 3.88

Clinical Experience

May 2022 - Present

Graduate Student Clinician

Psychological Services Center
Northern Illinois University, DeKalb, IL
Clinic Director: Danielle Baran, Ph.D.
Supervisors: Danielle M. Baran, Ph.D., Michelle M. Lilly, Ph.D.,
David Valentiner, Ph.D., David Bridgett Ph.D. & Laura Pittman,
Ph.D.

- Provides high-quality, low-cost psychological services for Northern Illinois University students and community members with diverse backgrounds
- Delivers individual psychotherapy utilizing primarily cognitive-behavioral techniques
- Performs cognitive, personality, intellectual, and neuropsychological assessments and clinical interviews
- Writes session notes, treatment plans, and integrative assessment reports
- Performs risk assessments and safety planning
- Attends case conference presentations, participates in group and individual supervision, and attends weekly staff meetings

May 2018 – May 2019

Residential Counselor

Cushman/Haypath House
Mental Health Association of Nassau County, Hempstead, NY
Supervisor: Eric Foltrauer B.A.

- Assisted and supported adults with complex psychopathology who resided in a community residence home
- Led group and individual therapy sessions to educate and promote emotion regulation, mindfulness, and anger management
- Coordinated residents' care, medication adherence, and transportation
- Maintained accurate record-keeping and documentation according to agency and New York State standards

Clinical Training and Workshops

11/2023	Prolonged Exposure (PE) Web Training The Medical University of South Carolina Course Director: Kenneth J. Ruggiero, Ph.D.
11/2023	Cognitive Behavioral Therapy for Insomnia (CBTi) Web Training The Medical University of South Carolina Principal Investigators: Daniel J. Taylor, Ph.D. & Allison K. Wilkerson, Ph.D.
11/2023	Written Exposure Therapy (WET): A Brief PTSD Treatment – Online Training Department of Veterans Affairs Authors: Denise M. Sloan, Ph.D. & Brian P. Marx, Ph.D.
11/2023	Cognitive Processing Therapy (CPT) Web Training The Medical University of South Carolina Course Director: Daniel W. Smith, Ph.D.
09/2023	Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training – Online Training Department of Veterans Affairs Associate Director for Accreditation: Jan S. L. Wong
11/2021	Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorder (DIAMOND) – Online Training Hartford Hospital Director: David F. Tolin

Teaching Experience

August 2023 – Present	Teaching Assistant: Advanced Research Methods Northern Illinois University Department of Psychology <i>Supervisor:</i> Michelle Wright, Ph.D.
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- Independently prepares and gives lectures
- Grades and provides feedback on course assignments
- Meets individually with students for additional support
- Collaborates with the course instructor to track students' progress in the course

August 2022 – May 2023

Teaching Assistant: Introduction to Psychology

Northern Illinois University

Department of Psychology

Supervisor: Michelle Lilly, Ph.D.

- Independently prepared and gave lectures
- Graded and provided feedback on course assignments, quizzes, and exams
- Evaluated students' progress in the course
- Held office hours for students

Research Experience

August 2021 – Present

Graduate Assistant

Northern Illinois University

Department of Psychology

Supervisor: Michelle Lilly, Ph.D.

- Creates and distributes surveys to research participants
- Codes qualitative data to identify common themes and relationships
- Collects, manages, and cleans data for analyses
- Co-reviews manuscripts submitted to peer-reviewed journals for publication

November 2020 – July 2021

Patient Navigator

Stony Brook Responder Vaccine Program

Department of Medicine – Stony Brook University

Supervisor: Benjamin Luft, M.D.

Project Title: A Phase 3, Randomized, Observer-Blinded, Placebo-Controlled Study to Evaluate the Efficacy, Safety, and Immunogenicity of a SARS-CoV-2 Recombinant Spike Protein Nanoparticle Vaccine (SARS-CoV-2 rS) with MatrixM1™ Adjuvant in Adult Participants ≥ 18 Years

- Screened 15-25 trial participants each week to assess for eligibility
- Educated participants on key trial information and various protocols including electronic daily symptom logs and at-home COVID-19 testing
- Maintained clinical data to ensure timely and accurate entry
- Processed trial participants' blood samples to prepare for immunogenicity testing and long-term storage for future research

May 2019 – July 2021

Research Program Coordinator

Stony Brook WTC Wellness Program

Department of Medicine – Stony Brook University
Supervisors: Benjamin Luft, M.D. & Sean Clouston, Ph.D.

- Administered psychiatric (SCID-IV), cognitive (MoCA & CogState), neuropsychological (WRAT, TMT, HLVLT, BNT-30 & CFL), and physical (SPPB) assessments to patients to assess health and study eligibility
- Developed and analyzed Brief Needs Assessment to examine the psychosocial and physical issues affecting both COVID-19-infected and non-infected patients
- Created and maintained COVID-19 databases for infected and non-infected patients to monitor patients' health statuses and need for service(s) to be used in both clinical and research settings
- Supervised a team of undergraduate research assistants
- Processed patients' blood samples to prepare for various analyses

June 2018 – May 2019

Graduate Research Assistant

Department of Psychiatry – Stony Brook University
Supervisor: Roman Kotov, Ph.D.

Project Title: WTC Responders Health and Personality Study

- Administered modules of the Structured Clinical Interview for DSM-IV (SCID-IV), Stressful Life Events Scale (SLES), Range of Impaired Functioning Tool (RIFT), cognitive (TMT & Akos Task), mental health assessments (IDAS, ASI, PSRS, ASRS), and personality assessments (FFI-FM) on over 50 participants
- Conducted physical health interviews, administered inflammation questionnaires, performed spirometry testing, and processed participants' blood samples to prepare for various analyses

April 2017 – May 2018

Undergraduate Research Assistant

Psychological Services Center – Long Island University
Supervisor: Thomas Demaria, Ph.D.

- Collected, processed, and prepared data for statistical analyses
- Performed literature reviews to establish rationale for prospective studies
- Collaborated with clinical psychology students to plan and execute various tasks associated with their dissertations
- Underwent relevant training related to trauma (TANT) and disaster relief (PFA)

Conference Presentations

Jessen, A.K., **Valentine, J.N.**, Tappenden, P.C., Robinson, D.A., & Lilly, M.M. (2023, November). Do they need to know? How does knowing the outcome of a critical call impact the mental health of 911 telecommunicators over time? Poster presented at the 39th Annual Meeting of the International Society for Traumatic Stress Studies conference, Los Angeles, CA.

Tappenden, P.C., Jessen, A., **Valentine, J.**, Robinson, D., & Lilly, M.M. (2023, November). Emotional Impacts and Perceived Benefits of Answering Trauma-Related Questionnaires for 9-1-1 Telecommunicators. Poster presented at the 39th Annual Meeting of the International Society for Traumatic Stress Studies conference, Los Angeles, CA.

Valentine, J., Tappenden, P., Larkin, K., Reffi, A. & Lilly, M. The Impact of COVID-19 Stress on Mental Health and Sleep in First Responders. Poster presented at the 38th Annual Meeting of the International Society for Traumatic Stress Studies conference, Atlanta, GA

Tappenden, P. C., **Valentine, J.**, Reffi, A., Cole, T., & Lilly, M. M. (2022, November). Moral Injury in First Responders: Rates of PMIE Exposure and Associated Outcomes. Poster presented at the 38th Annual Meeting of the International Society for Traumatic Stress Studies conference, Atlanta, GA.

Reffi, A. N., Tappenden, P., **Valentine, J.**, Drake, C. L., & Lilly, M. M. (2022, November). Fear of sleep in public safety personnel and its correlates with mental health. Poster presented at the 38th Annual Meeting of the International Society for Traumatic Stress Studies conference, Atlanta, GA.

Valentine, J., Ruggero, C., Kotov, R. & Waszczuk, M. (2019, March). Personality vulnerabilities moderate the effects of 9/11 trauma exposure on long term psychiatric outcomes in responders. Poster session presented at the American Psychopathological Association Annual Meeting in New York, NY.

Valentine, J., Demaria, T. & Nakajima, C. (2017, November). Coping and Meaning Making in Teachers Affected by Hurricane Sandy. Poster session presented at the International Society of Traumatic Stress Studies Annual Conference, Chicago, IL.

Manuscripts

Reffi, A. N., Kalmbach, D. A., Cheng, P., Tappenden, P., **Valentine, J.**, Drake, C. L., Pigeon, W. R., Pickett, S. M., & Lilly, M. M. (2023). Fear of sleep in first responders: associations with trauma types, psychopathology, and sleep disturbances. *Sleep advances : a journal of the Sleep Research Society*, 4(1), zpad053. <https://doi.org/10.1093/sleepadvances/zpad053>

Tappenden, P. C., Cole, T. A., **Valentine, J. N.**, & Lilly, M. M. (2023). Examining the psychometric properties of the expressions of moral injury scale in a sample of first responders. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <https://doi.org/10.1037/tra0001569>

Cole, T. A., Dubuclet, C. M., **Valentine, J.**, Meyer, E. A., & Orcutt, H. K. (2023). Assessing the mediating role of emotion regulation and experiential avoidance within a posttraumatic stress disorder and racial trauma framework. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <https://doi.org/10.1037/tra0001487>

Morozova, O., Clouston, S., **Valentine, J.**, Newman, A., Carr, M., & Luft, B. J. (2021). COVID-19 cumulative incidence, asymptomatic infections, and fatality in Long Island, NY, January-August 2020: A

cohort of World Trade Center responders. *PloS one*, 16(7), e0254713.
<https://doi.org/10.1371/journal.pone.0254713>

Honors and Achievements

March 2019	American Psychopathological Association – Travel Award
May 2018	Magna Cum Laude – Long Island University
September 2016 - May 2018	Honors Program – Long Island University
September 2016 - May 2018	Presidential Honors Scholarship – Long Island University
September 2016 - May 2018	High School Scholars Award – Long Island University

Professional Affiliations

March 2023 – Present	Phi Kappa Phi
January 2022 – Present	Society for the Psychological Study of Culture, Ethnicity, and Race
November 2017 – Present	American Psychological Association
November 2017 – December 2022	International Society for Traumatic Stress Studies
December 2018 – December 2021	American Psychopathological Association